

Undergraduate 4th Semester (Honours) Practical Examination, 2020-21

Subject: NUTRITION

Course ID: 42322

Course Code: SH/NUT/402/C-9

Course Title: Diet Therapy I (Practical)

Full Marks: 15

Time: 1hr.

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own words

as far as practicable.

Answer all the questions

1) What is full fluid diet? Write two indications of full fluid diet. Name two low fat and two high fibre foods. 2+1+1+1

2) Plan a breakfast dish for an obese person. Calculate the energy, carbohydrates and fat content of the planned dish. 2+3

3) Viva voce 5

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